

July 14, 2010

CSLA Athletes and Parents,

Summer feels like it has just begun; however, as you enjoy the warmth that has just arrived please keep in mind some upcoming CSLA athletic dates and information. Please take a few moments to read the updated information regarding fall 2010 athletics at CSLA.

**Fall Athletic Meeting: Thursday, August 19<sup>th</sup> at 7pm** at the **high school**. Before the meeting please visit our website at [www.cslewisacademy.com](http://www.cslewisacademy.com), there you will find a link for “athletics” on the left side of the home page. Follow this link then look at the bottom of this page for the “CSLA Fall Athletic Packet”. There you will find a list of the appropriate athletic forms for the 2010 season. Please bring these forms with you to the *mandatory* meeting.

Please **read and print** the following documents:

- Clear to Play Form
- Player Commitment Form
- Eligible Transfer Student Form (High School students who are transferring from another school must fill out this form)
- Athletic Physical Exam Form (7th-12th grade is required every two years, 6<sup>th</sup> grade is optional)
- Athletic Trip Release Form (for middle school & grade school athletes only)
- Volunteer Form

Please read the following (athletes and parents):

- Athletic Handbook
- Van and Bus Travel Regulations

The Clear to Play Form is very crucial. This is CSLA’s form for verifying that each of our athletes has completed the appropriate process in order to participate on a team. Each of the items *must be completed* and checked off by the appropriate personnel *before the first day of practice*.

- Player Commitment Form is to be read and completed by the athlete and his/her parents, and then turned in to the athlete’s coach.
- Athletic Physical Exam Form must be turned into Katie Alikin upon completion from the athlete’s doctor. Use the **new form dated May 2010**
- Athletic Fee must be paid to Miriam Washington.
- Academic Eligibility must be cleared by an administrator

If you do not have access to the Internet please call C.S. Lewis Academy at 503.538.0114 for a copy of our sports packet.

**Free Physical Information** - all athletes’ grades 7-12 are required to have a physical every two years on file at the school to participate in athletics. On July 29, 2010 from 6-9pm Providence Medical Group is offering *free* sports physicals. You **MUST** use the “School Sports Pre-Participation Examination” revised May 2010. The form is located on CSLA’s website.

**Web Program!** The athletic department uses a web program for all athletic events. If you are not already familiar with the program please become familiar with it immediately. Go to [www.highschoolsports.net](http://www.highschoolsports.net). All athletic games, schedules, departure times, directions, team picture dates, end of the season parties, meetings open gyms, etc will be on this website. There is a link to this site on C. S. Lewis's Athletic page. A handout will also be provided at the meeting.

**Booster Club at CSLA!** Our booster club needs your help immediately. In order to continue purchasing wonderful items for the athletes we need your help! There are lots of opportunities for us but the booster club can't be successful if you're not involved. Please contact Katie Alikin with questions, suggestions, donations and how you would like to help.

If you have any questions, please call the school at 503.538.0114 or e-mail me.

Sincerely

Katie Alikin - Athletic Director  
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