

## CSLA Athletics

**Philosophy:** A common philosophy of C.S. Lewis Academy athletics must be understood and practiced by all adult leaders, administrators, athletic directors, coaches, teachers, parents, and students.

CSLA athletics exist to provide students the following opportunities:

- Participation in activities under conditions that are safe, enjoyable, and promote Christian attitudes of fair play and cooperation
- Development of the whole person, spiritually, mentally, and physically
- Experience being part of a team to further develop their personal qualities of loyalty, cooperation, fair play and other desirable social traits
- Improve self-discipline, self-motivation, excellence and good sportsmanship
- Develop attitudes toward positive use of one's leisure time

All students are given the opportunity to try out for an athletic team. Participation, involvement, and being able to play are far more important than winning a particular game or having the best win/loss record. Developing the individual is the focus; competition is merely the tool. Winning is an important objective in sports. To not seek victory is to be a dishonored competitor, but winning must not be overemphasized. Winning must be kept in a healthy perspective. Students must be taught that success is found in striving for victory. The important concept is that if they give their maximum effort there are no losers. When winning is kept in perspective, CSLA's sports programs will produce students who feel good about themselves, respect others, accept responsibilities, strive for excellence, improve skills, have fun, and always show good sportsmanship during competition.

<b>CSLA Sports:</b>	Fall	Boys Soccer Girls Soccer Girls Volleyball
	Winter	Boys Basketball Girls Basketball
	Spring	Golf  Cheerleading

**Eligibility:** The following are the eligibility rules:

- 1) The student must reflect Christian ideals in his or her performance as stated in the CSLA handbook.
- 2) Eligibility for the first quarter of any given school year must meet OSAA minimum requirements. A student must have passed five classes the previous

semester and be passing five classes currently to be eligible for the current semester. Grades will be checked every two weeks to determine progress. If a student at that time is receiving more than two F's or their current GPA is below a 1.75, that student will be ineligible to participate in extra curricular activities for two weeks. After two weeks, if their grades are not raised to meet the minimum requirements, 1.75 and passing 5 classes, that student will remain ineligible for the remainder of the sport season.

- 3) On the day of a competition, the students must be in school at least half the school day in order to participate. Pre-arranged absences, family emergency, or a school related absences are exceptions.

**Regarding Absences:** Students attending co-curricular activities during the school day are responsible for all work in classes missed. Completed assignments are due the following day or as requested by the teacher. A phone call from the athletic director or secretary will be made to verify absences without a note from the doctor / medical clinic or parent. The coach / advisor is responsible for monitoring and enforcing this rule.

**Code of Conduct:** Students are expected to conduct themselves as ladies and gentlemen at all times. Participants are expected to show respect for the opposing team, coaches, officials, and fans and adhere to the CSLA Student Code of Conduct. Activity advisors / coaches may develop additional training or rules of conduct for their activity. These rules will be in writing and distributed to all participants prior to the first activity. Copies will be on file in the school office and with the athletic director for future reference.

**Simultaneous Activities:** The administration and faculty realize that due to the small number of students enrolled at CSLA, some students may choose to participate in more than one co-curricular activity at a time. To ensure that the student does not become over-taxed in time, energy, and commitment, we encourage communication between parents, advisors, and students. The student and parents MUST know what is expected prior to each activity and be willing to commit time, energy, and money, if necessary, to fulfilling that commitment. Priority should be made as to which activity takes precedence over the other, prior to first competition and expressed to the advisor / coach and the athletic director.

If it becomes obvious that the student is unable to fulfill his / her academic and / or activity obligations, the student will be encouraged to forfeit one activity with disregard to the loss of time, energy, and financial commitment. Parental decision will be upheld in the issue, taking into account the student's best interest.

**Dropping / Switching a Sport:** Once a student has participated in the athletic competition (or performance) in one sport, he / she may NOT switch to another sport during that season. (If a player chooses to drop a sport after the first competition, they will forfeit their participation fee.)

**Cutting Policy:** The practice of "cutting" athletes will be avoided if at all possible. It is the duty of the coach to communicate with each athlete to discuss individual strengths and

weaknesses. If a cut is necessary, seniority will have little bearing on the final decision. Athletes will be judged on skill, attitude, effort, and over-all potential.

**Issued Equipment:** No student will be allowed to participate in another co-curricular activity until all previously school owned equipment has been returned, or proper restitution is made. This includes all athletic equipment, uniforms, etc.

**Participation Fees:** All sports require participation fee per student, per sport to help offset the cost of facility rental, coaches, uniforms, officials, and equipment. This is to be paid prior to the first practice. Please refer to CSLA's Tuition & Fees form for current athletic fees

**Athletic Fee Refund:** The following guidelines are to be used in refunding athletic fees:

- Student who has illness or injury and does not participate in practice (prior to first competition)
- Student is required to leave the team for reasons the administration feels are justifiable

Students do not receive refunds if they quit or are dismissed once regular season play has begun.

**Facilities:** Until CSLA has its own permanent facility; we will be leasing facilities from the Newberg School District for our athletic programs. There is a high demand for these gyms and fields, so there may be times the practice / game sites may vary. Our privilege to use the facilities could be revoked at any time if we don't properly care for them. We should also be a witness in the community by leaving the facilities in equal or better condition than we found them.

**Practices:** Athletes are expected to attend all regularly scheduled practices unless previously arranged with your coach. Practices will not be held on major holidays or Sundays. After practice, athletes should leave the facility within 5 minutes.

Coaches will issue uniforms before the first contest. It is the responsibility of the athlete to keep it clean and in good condition. Students must pay for any uniform lost or damaged beyond normal wear.

**Travel:** Only staff members (including assistant coaches) and responsible adults at least 21 years of age with insurance may drive team personnel to games. Written permission must be obtained from a parent or legal guardian for team members to use other than assigned transportation to return to school or home from a competition / practice. Upon return to school, a coach will remain at the school until all team personnel have left campus. Athletes should have prearranged transportation waiting at the school.

**Medical Information:** All athletes will be required to have a physical prior to participating in athletics in their 7<sup>th</sup>, 9<sup>th</sup> and 11<sup>th</sup> grade year. The approved medical forms are available online. A record of that physical must be filed with the athletic director prior to the participation in any organized practice.

Proof of medical insurance is required each year before participation by all athletes. The insurance waiver form must be completed to confirm that the student is covered by private home insurance.

Required Forms: The parent / guardian and the athlete are required to complete all requested forms prior to student participation in any athletic activity. These forms will be available at the preseason parent / athlete meeting. The following forms are required for athletic participation:

1. Cleared to Play Form
2. Sports Physical Exam Form
3. Insurance Verification Form
4. Emergency Card
5. Sport Safety Guidelines
6. Student / Athlete Expectation Agreement Form
7. Student Transportation Form

**Awards for Varsity Competition in Athletics:** The awarding of school letters / emblems and any other awards will be the responsibility of the head coach of each sport and the athletic director.

*General Requirements:*

1. Maintain eligibility throughout the entire season as defined in the handbook
2. Adhere to the CSLA Code of Conduct
3. Attend all practices and games (Exceptions must be arranged with the coach prior to absence.)
4. Complete the season
5. Return all equipment and / or pay all fines for missing or lost articles
6. A senior who has been part of the program for the past two years

*Specific Sport Requirements:*

Basketball	Both male and female athletes who participate in 20 varsity quarters, or by special recommendation by the coach.
Golf	Both male and female athletes must participate in a minimum of one-half of the varsity matches, or by special recommendation by the coach.
Soccer	Athletes must participate in at least one-half of all varsity games, or by special recommendation by the coach.
Volleyball	Athletes who participate in one-third of all varsity matches.