

Intern/Volunteer Directions

You need to find **one** professionals to intern for or volunteer with for at least **twenty hours** each during the second semester.

During this experience you need to **interview** your mentor. A questionnaire is attached for this purpose. Make sure you get your mentor's signature on this page.

After the internship/volunteer time is complete you need to write a 1-2 page **report** of your experience that includes:

- ❖ What you expected this opportunity to be like
- ❖ How it was similar/different from what you expected
- ❖ What you liked about this career
- ❖ What you didn't like about this career
- ❖ What questions you still have about this career
- ❖ What strengths you possess that would help you in this career
- ❖ What weaknesses you have that would hinder you in this profession.
- ❖ Do you plan to investigate this career further? How?

Intern/Volunteer

I interned/volunteered at _____
organization
on _____ with _____ as my mentor. My
date mentor
experience lasted _____ hours.

Student Name: _____

Student Signature: _____

Mentor Signature: _____

Intern/Volunteer

Mentor: _____

Organization: _____

Contact Information: _____

1. What was your first job?
2. How did you know what you wanted to do as a career?
3. Why did you want to do what you do?
4. When did you decide on your career?
5. How did you go about training, testing, etc?
6. How long did it take to get from high school to working in your career?
(how long does training take?)
7. How much college/university did you attend?
8. How long have you been in your career?
9. What kinds of “perks” are there?—summers off, etc.
10. What are similar fields?—are they interesting to you?
11. Is there “room for advancement in your career?”—if so what kind?
12. What courses in high school were (or would have been) helpful for your career?
13. What advice would you give to someone interested in pursuing a similar career?